

Checklist for When to Consider Switching/Augmenting Antidepressants

- Consider augmentation/combination/dose increase over switching when:
 - ☐ There has been a partial response to the current antidepressant
 - ☐ The current antidepressant is well-tolerated
 - ☐ There is a wish to avoid withdrawal symptoms
 - ☐ There is a desire to target side-effects of current antidepressant with an adjunctive agent
 - ☐ Patient preference

- Consider switching over augmentation/combination/dose increase when:
 - ☐ There is no response to the current antidepressant
 - ☐ There is a desire to simplify the pharmacologic regimen (cost, compliance)
 - ☐ There is a desire to avoid drug-drug interactions
 - ☐ Patient preference