

Topics and Speakers

Motivational Interviewing: Principles and Practical Applications

Introduction

- Emerging Psychotherapies: Mindfulness Based Therapies and Integrative Health Coaching - *Michael R. Clark, MD, MPH, MBA*
- Emerging Psychotherapies: Acceptance & Commitment Therapy and Motivational Interviewing - *Michael R. Clark, MD, MPH, MBA*

Components

- The Causal Model of MI: Proposed Pathways and Empirical Support - *Molly Magill, PhD*
- Essentials of Motivational Interviewing: Change Talk: Three Tasks to Promote Intrinsic Motivation - *Brad Lundahl, PhD*
- Essentials of Motivational Interviewing: Finding focus: Strategies for arriving upon agreed upon goals - *Brad Lundahl, PhD*

Chronic Care

- Motivational Interviewing & the Chronic Care Model of Disease: Emphasizing Self-Management Support and Skills in Health Behavior Change Counseling - *Sharone A. Abramowitz, MD*
- Motivational Interviewing & Competence: Assessing Skills in Health Care Trainees with Motivational Interviewing Skills for Health Care Encounters (MISHCE) - *Tatjana Petrova, PhD*

Addiction

- Motivational Interviewing & Substance Use Disorders: Using Motivational Interviewing to Improve Treatment Seeking in Injection Drug Users - *Michael Kidorf, PhD*
- Brief Opportunistic Interactions Precedes Motivational Interviewing: Early Detection and Prevention of Problem Behaviors - *Timothy W. Kenealy, PhD*