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Dr. Karl Doghramji is Professor of Psychiatry, Neurology, and Medicine at Jefferson Medical College of Thomas Jefferson University in Philadelphia, Pennsylvania, and Medical Director of the Jefferson Sleep Disorders Center at Thomas Jefferson University Hospital, also in Philadelphia. Dr. Doghramji is also Chair of the Albert M. Biele, MD, Memorial Lectureship in Psychiatry in the Department of Psychiatry and Human Behavior at Jefferson Medical College. An active member of many professional organizations, Dr. Doghramji has for nearly 2 decades been the director and lecturer for courses pertaining to sleep disorders at the annual meetings of national organizations including the American Psychiatric Association. He has held numerous committee positions with the American Academy of Sleep Medicine and has served as an examiner for the American Board of Psychiatry and Neurology and the American Board of Sleep Medicine. In 1998, he was elected Fellow of the American Academy of Sleep Medicine; in 1994, he was elected to the American College of Psychiatrists; and in 2003, he was elected Distinguished Fellow of the American Psychiatric Association and of the Pennsylvania Psychiatric Society.

Dr. Doghramji has been Chief Editor for the *Jefferson Journal of Psychiatry* and serves as a reviewer for numerous medical journals, including *Sleep*, *Sleep Medicine*, the *Archives of General Psychiatry*, *The American Journal of Psychiatry*, *The Journal of Clinical Psychiatry*, and the *Annals of Internal Medicine*. Author of more than 150 journal publications and book chapters, he has edited and written 3 books and received numerous grants. His published works and research focus on a wide variety of sleep disorders, including excessive daytime somnolence, sleep apnea syndrome, and insomnia, as well as depression and anxiety disorders.

Dr. Doghramji received his medical degree from Jefferson Medical College and completed his internship in internal medicine at University of Pennsylvania's Penn Presbyterian Medical Center in Philadelphia, his residency in psychiatry at Thomas Jefferson University Hospital, and his clinical research fellowship in sleep disorders medicine and polysomnography at Montefiore Medical Center/Albert Einstein College of Medicine in the Bronx, New York. He is also an Academic Associate in the Adult Division of the Institute of the Psychoanalytic Center of Philadelphia.