

Paul P. Doghramji, MD, FAAFP
Family Physician
Collegeville Family Practice
Medical Director of Health Services
Ursinus College
Collegeville, Pennsylvania

Dr. Paul Doghramji is a senior family practice physician at Collegeville Family Practice, and the Medical Director of health services at Ursinus College, both in Collegeville, Pennsylvania. He is also an attending physician in family practice at Pottstown Memorial Medical Center in Pottstown, Pennsylvania. He is past and present co-chair of the National Sleep Foundation's Sleep and Health Safety Course, and has devoted almost 3 decades to sleep science and education.

Dr. Doghramji received his medical degree from Jefferson Medical College in Philadelphia, Pennsylvania, in 1982. He then completed his residency in family practice at Chestnut Hill Hospital in 1985. A member and fellow of the American Academy of Family Physicians and the Pennsylvania Academy of Family Physicians, he has received the American Medical Association's Physician Recognition Award 8 times.

Dr. Doghramji has published over 50 papers in peer-reviewed journals, including *The American Journal of Medicine*, *Current Medical Research and Opinion*, and *Postgraduate Medicine*. He is also coauthor of the textbook, *Clinical Management of Insomnia*.