2016 Management THE NEW YORK COURSE **Brave New World of Cancer Therapeutics** (Back to the Future) Alexandra M. Levine, MD, MACP **Chief Medical Officer** Melinda & Norman Payson Professor of Medicine **Professor of Hematology/HCT City of Hope National Medical Center Distinguished Professor of Medicine, Emeritus Keck School of Medicine of USC** 

#### **FACULTY DISCLOSURE**

I have no conflict of interests to disclose.

# There is a relationship between Mind and Body

#### **MIND / BODY RELATIONSHIP**

We have had Western medicines for less than 100 years, but doctors (healers, "medicine men", etc.) have been present for THOUSANDS of years

If they were not effective, we (ie the doctors) might not even be here today



Sir Luke Fildes, *The Doctor* (1891)

#### 

#### RE-INTRODUCE THE OLDEST ADVANCE IN MEDICINES.



It's called talking. Right or wrong, many older people today feel that doctors just don't spend as much time talking with their patients as they used to. Things seem more rushed and hurried.

But talking, especially about medicines, is more important than ever before. Your older patients may be taking several different medicines and seeing more than one doctor. And many older people are treating themselves with over-thecounter drugs.

Unfortunately, an older person's response to medicines is less predictable than a younger person's. They can experience altered drug actions and adverse drug reactions.

So, if they don't tell you first, ask them what they're taking and if the medicines are causing any problems. Take a complete medications history including both prescription and non-prescription medicines. Make it a point to tell them what they need to know — the medicine's name, how and when to take it, precautions, and possible side effects. Give them written or printed information they can take home, and encourage them to write down what you tell them.

Good, clear communication about medicines can increase compliance, prevent problems, and lead to better health. So re-introduce the oldest advance in medicines. Make

talking a crucial part of your practice. It isn't a thing of the past. It's the way to a healthier future.

#### Before they take it, talk about it.

National Council on

Patient Information and Education. 666 Eleventh St. N.W. Suite 810 Washington, D.C. 20001 "...One of the essential qualities of the clinician is interest in humanity, FOR THE SECRET OF THE CARE OF THE PATIENT IS IN CARING FOR THE PATIENT."

> F.W. Peabody Doctor and Patient Harvard University Press Cambridge, Mass, 1928

Can human caring / kindness / attention really work??

(Even in cancer or AIDS?)

#### Indolent Lymphoma (Follicular, grade 1) March, 1989



#### Indolent Lymphoma (Follicular, grade 1) June, 1990



#### Indolent Lymphoma (Follicular, grade 1) June, 1990



#### **NO THERAPY GIVEN**

# Natural History of Low-Grade, Indolent Lymphoma

Spontaneous regression in 20-30%

 Median duration = 15 mos (range 4+ to 72+ mos)

Ref: Horning and Rosenberg: NEJM 311, 1471, 1984.

# What about HIV/AIDS??

#### Effect of Psychological Distress on Progression to AIDS in 451 HIV+ IDU's (ALIVE Study)



Ref: Golub ET, et al: J AIDS 2003; 32:429-34.

# Potential Biologic Mechanisms for "Mind-Body" Connection

A. Immunologic

B. Stress catecholamines

C. Other

# Macrophage Engulfing BCG



Novelli V. Lancet 2006; 367: 1222-4.



Natural killer cell Attacking cancer cell

#### How Dendritic Cells Jump-Start the Immune Response



Ref: Valone, F: PCRI Insights 2001: 4: 7.



#### Cytotoxic T 8 Cells Attacking Cancer Cell



# Mechanism Cell Death by Activated Cytotoxic T-Cells



Ref: Messerschmidt JL, et al. The Oncologist 2016; 21:233 – 243.

Fundamentally, cancer requires at least two "errors / accidents"

- Error at level of DNA ("genomic" error), giving a growth / survival advantage to that cell and its progeny
- A failure of the host immune system to recognize the error, and destroy this new "foreign" cell

NOW, to the FUTURE (and PRESENT)

# Science 2013 510

Breakthrough of the Year Cancer Immunotherapy

T cells on the attack

### **IMMUNOTHERAPY**

# The use of the immune system to treat disease FIRST EXAMPLE

#### Coley's Toxins



Injected purulent material from infected cancer material into other cancer patients, with clinical benefit

Coley, WB: Annals of Surgery 1891

#### Adoptive T cell transfer of autologous CTL's for treatment of cancer



Ref: Rosenberg SA and Restifo NP: Science 2015; 348:62.

#### History of T Cell Therapy (Melanoma / Renal Cell Cancer)

- IL-2 infusions (T cell growth factor) → 6-7% complete remission; most sustained for ≥ 30 years
- IL-2 plus autologous anti-tumor T → 56% response (52/93) 22% CR, all sustained from 5 to 11+ years

*Ref: Rosenberg* SA. *Clin* Ca Res 2015; 21:5409 – 11.

#### Therapeutic approaches to overcome immune tolerance to cancer cells



Ref: Maus MV et al. Blood 2014; 123:2625 – 2635.

#### CELL-SURFACE ANTIGENS ON THE B CELL





# Monoclonal Antibodies Currently in Use for Lymphoma (NHL)



# Monoclonal Antibodies Currently in Use for NHL



#### Bi-specific T cell Engager (BiTE) Rx for A.L.L. Mechanism of Action for Blinatumomab



Ref: Wu J, et al. J Hematol Oncol 2015; 8:104.

#### **History of T Cell Therapy** (Melanoma / Renal Cell Cancer)

LL-2 infusions (T cell growth factor) → 6-7% complete

• IL-2 plus autologous anti-tumor T  $\longrightarrow$  56% response (52/93) cells

![](_page_32_Figure_3.jpeg)

remission most sustained for  $\geq$  30 years

22% CR, all sustained from 5 to 11+ years

Ref: Rosenberg SA. Clin Ca Res 2015; 21:5409 – 11.

#### Therapeutic approaches to overcome immune tolerance to cancer cells

![](_page_33_Figure_1.jpeg)

Ref: Maus MV et al. Blood 2014; 123:2625 – 2635.

# Pathway for designing optimal Chimeric Antigen Receptor (CAR-T) cells for tumor cell kill

![](_page_34_Picture_1.jpeg)

Ref: Curran KJ, et al. JCO 2015; 33:1703 – 1706.

#### Schema: Personalized / Precision immunotherapy using gene modified cells

![](_page_35_Figure_1.jpeg)

Ref: Rosenberg SA: Sci Trans Med 2012: 4:127.

## **New generations of CAR-T cells**

![](_page_36_Figure_1.jpeg)

Ref: Park JH, et al. JCO 2015; 33:651.

# Method for generation of CAR-T cells against tumor associated antigens

![](_page_37_Figure_1.jpeg)

#### Anti-CD19 CAR-T cell Rx in NHL

![](_page_38_Figure_1.jpeg)

*Ref:* Kochenderfer JN, et al. JCO 2014; 33:540 - 549.

# CD19 CAR-T cell Rx in 30 patients with relapsed / refractory ALL

![](_page_39_Figure_1.jpeg)

*Ref: Maude SL, et al. NEJM 2014; 371:1507 – 1517.* 

#### **Correlates of Cytokine Release Syndrome after CAR-T cell therapy**

![](_page_40_Figure_1.jpeg)

*Ref: Maude SL, et al. NEJM 2014; 371:1507 – 1517.* 

![](_page_41_Picture_0.jpeg)

CANCER IMMUNOTHERAPY

Baby's leukemia recedes after novel cell therapy

#### Therapeutic approaches to overcome immune tolerance to cancer cells

![](_page_42_Figure_1.jpeg)

Ref: Maus MV et al. Blood 2014; 123:2625 – 2635.

# ONCOLOGY Independent News on HEMATOLOGY / ONCOLOGY

#### Immune Checkpoints: Convergence of Cancer Treatment & HIV Cure

BY PAUL VOLBERDING, MD

ancer biology and the immune system have long been known to enjoy an intimate relationship. The increased incidence of some cancers in immunosuppressed individuals led to speculations that oncogenesis events are common but detected by "immune surveillance" systems that might recognize and eliminate newly formed malignant cells before they became an established and independent cancer. The dramatic increase in certain cancers in persons infected with HIV—especially ones with a viral co-infection-offered further support for the linkage of cancers with immune deficiencies. The frequent delay in relapse of cancer following primary therapy might suggest another facet of this immune system-cancer relationship with interesting parallels to HIV infection and the possibility of cure.

![](_page_43_Picture_5.jpeg)

Continued on page 4

Immune checkpoints function to maintain self tolerance and limit collateral tissue damage during development of immune responses to infection and inflammation

- PD-1 (Programmed death 1 receptor)
- CTLA-4 (cytotoxic T-lymphocyte associated antigen-2)
- BTLA (B- and T-lymphocyte attenuator)
- LAG-3 (Lymphocyte activation gene 3)
- TIM-3 (T cell immunoglobulin and mucin protein 3)

![](_page_45_Figure_0.jpeg)

#### Cancer uses immune checkpoints to evade immune destruction

![](_page_46_Figure_1.jpeg)

#### IMMUNE CHECKPOINT <u>INHIBITORS</u> TO TREAT CANCER

- Do not directly target the cancer cells
- Do not activate the immune system to kill cancer, but eliminate the inhibitory pathways that prevent anti-tumor T cell responses

![](_page_47_Figure_3.jpeg)

# Checkpoint inhibitors currently licensed / USA 2016

| Anti-CTLA-4     | Ipilimumab    | Yervoy   | Melanoma (2011)                    |  |  |  |  |  |  |
|-----------------|---------------|----------|------------------------------------|--|--|--|--|--|--|
| PD-1 Antibodies | Pembrolizumab | Keytruda | Melanoma (2014)<br>NSC lung (2015) |  |  |  |  |  |  |
|                 | Nivolumab     | Opdiva   | Melanoma (2014)<br>NSC lung (2015  |  |  |  |  |  |  |
|                 |               |          |                                    |  |  |  |  |  |  |
|                 |               |          |                                    |  |  |  |  |  |  |

MANY more on the way

#### Selected results: Phase 3 trials of PD-1/PD-L1/CTLA4 inhibitors

| STUDY             | PTS   | PD<br>Inhibitor                    | Comparator | ORR% | CR% | PFS   | OS @ 1<br>yr |
|-------------------|---|------------------------------------|------------|------|-----|-------|--------------|
| Check<br>Mate 066 | Melanoma, 1 <sup>st</sup><br>line (N = 418)                                 | Nivolumab                          |            | 40%  | 8%  | 5 mos | 73%          |
|                   | _   | DTIC                               |            | 14%  | 1%  | 2 mos | 42%          |
| Check<br>Mate 037 | Advanced<br>melanoma,<br>after<br>progression on<br>Ipilimumab<br>(N = 405) | Nivolumab                          |            | 32%  | 3%  | 5 mos |              |
|                   |   | Investigator<br>choice of<br>chemo |            | 11%  | 0   | 4 mos |              |
| Check<br>Mate 017 | Advanced non<br>small cell lung<br>cancer<br>(N = 272)                      | Nivolumab                          |            | 20%  | 1%  | 4 mos | 42%          |
|                   |   | Docetaxel                          |            | 9%   | 0   | 3 mos | 24%          |

*Ref: Trivedi MS, et al. Clin Adv in Heme & Onc 2015; 13:858 – 867.* 

#### 12-month Survival for Patients with Advanced Melanoma

![](_page_50_Figure_1.jpeg)

# **Oncolytic Viruses**

![](_page_51_Figure_1.jpeg)

# **Measles Killing Cancer**

![](_page_52_Picture_1.jpeg)

#### **Oncolytic Virus Therapy**

Tumor selective due to deletion of genes crucial for viral replication in normal cells, but not necessary in cancer cells

#### EX: Oncolytic B18R Vaccinia Virus

- Deletion of thymidine kinase – enzyme needed for nucleic acid metabolism
- Deletion of B18R gene encodes decoy receptor for Type 1 IFN's

- EX: T-VEC-genetically modified herpes I
  - Insertion of GM-CSF gene, promoting local Ag presentation and systemic anti-tumor immunity

![](_page_54_Figure_0.jpeg)

2 patients remain in CR > 3 yrs

Ref: Gromeier M, et al. 19th Annual meeting of Society for Neuro-Oncology, Miami, 11/2015.

# Combining Oncolytic Virus Therapy with Checkpoint Inhibition

![](_page_55_Picture_1.jpeg)

Ref: Kadia TM. Blood 2016; 127:1381 – 1383.

Another major frontier in cancer therapy seeks to elucidate the precise error at the level of the DNA which caused that cancer in that patient, and to reverse / stop that error

> Small Molecule Signaling Inhibitors

Signaling cascades represent another mechanism to treat specific mutations causing a given cancer

![](_page_57_Picture_1.jpeg)

# **B** cell signaling pathway

![](_page_58_Figure_1.jpeg)

Ref: Koehrer S and Burger JA. Clin Adv in Heme & Onc 2016; 14:55 – 65.

#### **B** cell receptor inhibitors

![](_page_59_Figure_1.jpeg)

Ref: Koehrer S and Burger JA. Clin Adv in Heme & Onc 2016; 14:55 – 65.

# **Precision (Personalized) Cancer Treatment**

Matches patients with therapies based on specific biomarkers (mutations, neoantigens, cell surface antigens) in that cancer and that patient

- Using the immune system
- Using oncolytic viruses
- Using small molecular inhibitors to block signaling

# **MORE to come**

# Impact of Precision (Personalized) Cancer Treatment

Meta-analysis of 570 studies on 32,149 patients with diverse cancers on phase 2 trials

- Personalized strategy was an independent predictor of better outcomes and fewer toxic deaths
- Chemo had worse outcome than personalized approach
- Use of non personalized target agents was associated with poorer outcome than chemo

![](_page_62_Picture_0.jpeg)

# CANCER WILL BE CURABLE (or, you can just live with it)

# **BACK TO THE FUTURE**

![](_page_63_Picture_1.jpeg)

Sir Luke Fildes, The Doctor (1891)

...was the "peace" of his presence augmenting the patient's immune system??

Tate, London

# **HIV** 2016 **Management** THE NEW YORK COURSE