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Dr. Mathew is an Associate Professor of Psychiatry and Brown Foundation Chair of Psychopharmacology of Mood Disorders in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine.

He is a board-certified psychiatrist with extensive clinical/translational research experience in mood and anxiety disorders. He currently serves as a staff physician at the Michael E. DeBakey VA Medical Center in Houston. He directs a research program focused on early-phase drug discovery and neurobiological research in treatment-resistant mood disorders and PTSD. His research program is supported by NIH, Department of Veterans Affairs, foundations, and industry.