

Faculty Biography

Sonia Friedman, M.D. is Associate Professor of Medicine at Harvard Medical School and an Associate Physician at Brigham and Women's Hospital in Boston, Massachusetts. Dr. Friedman completed her undergraduate degree in biology at Stanford University in California and her medical degree at Yale University School of Medicine. She did her medical internship and residency at University of Pennsylvania and her gastroenterology fellowship at Mount Sinai Medical Center in New York City. She specialized in IBD during her fellowship and now has a large IBD practice in the gastroenterology division of Brigham and Women's Hospital. She has been at Brigham and Women's for the past 17 years and is Director of Women's Health at the Center for Crohn's and Colitis.

Dr. Friedman's research interests include pregnancy, fertility, and sexual function in men and women with IBD. Her clinical interests are the care of patients with Crohn's disease and ulcerative colitis. She specializes in the management of pregnancy and IBD.

Dr. Friedman is a frequent speaker and invited regional and national lecturer on the management of inflammatory bowel disease. She has authored or co-authored papers on cancer in Crohn's disease, adherence to surveillance colonoscopy, assisted reproductive technology in women with IBD, effects of medications taken during conception and pregnancy in patients with IBD and sexual function in IBD. She has written review articles and chapters on various aspects of IBD including the IBD chapter in Harrison's Principles of Internal Medicine. Her publications include original articles, reviews, or chapters in Gastroenterology, Clinical Gastroenterology and Hepatology, American Journal of Gastroenterology, Inflammatory Bowel Diseases, and the Gastroenterology Clinics of North America. She is Associate Editor for Inflammatory Bowel Diseases and is a reviewer for Gastroenterology, Clinical Gastroenterology and Hepatology, and the American Journal of Gastroenterology.