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Bill H. McCarberg received a medical degree from Northwestern University Medical School in Chicago, Illinois. His postdoctoral training included a medical internship and a residency in family practice at Highland Hospital in Rochester, New York.

Board certified by the American College of Pain Medicine and the American Board of Family Practice (with additional certification in geriatrics), Dr. McCarberg holds membership in several professional societies, including the American Academy of Family Physicians, the American Academy of Pain Medicine, the American Pain Society, and the International Association for the Study of Pain. He is a founder of the Chronic Pain Management Program for Kaiser Permanente in San Diego, California; President of the Western Pain Society; and a member of the board of directors of both the American Academy of Pain Medicine and the National Pain Foundation. Among Dr. McCarberg's many honors are the Kaiser Permanente Shilling Compassionate Care Award and the American Pain Society Elizabeth Narcessian Award for Outstanding Educational Achievements in the Field of Pain. Also, in 2008, Dr. McCarberg was Ambassador of the Year for the National Pain Foundation.

Dr. McCarberg has published over 80 articles in the peer-reviewed literature and has authored several book chapters and books. He has placed in the top 10% of Kaiser Permanente appraisals of physician services from 1998 to the present. A highly sought lecturer, Dr. McCarberg has given more than 250 presentations on issues relating to pain management.