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Dr. Ferdinand is past Chair of the National Forum for Heart Disease and Stroke Prevention and has served as Chief Science Officer and past chair of the Association of Black Cardiologists. He has also served as a board member of the American Society of Hypertension, the Southwest Lipid Association, and the International Society of Hypertension in Blacks.

As an investigator, Dr. Ferdinand has conducted numerous trials in the fields of cardiology, cardiovascular disease, lipids and cardiometabolic risk, especially in racial and ethnic minorities. Dr Ferdinand's participation in research has been published in peer-reviewed journals including the *New England Journal of Medicine*, *Journal of the American College of Cardiology*, the *Journal of Clinical Hypertension*, the *American Journal of Cardiovascular Drugs*, *Clinical Lipidology*, and the journal *Cardiorenal Medicine*, and *Hypertension*.

Dr. Ferdinand serves on the editorial review board of *Hypertension*, *Journal of Clinical Hypertension*, the *Journal of the American Society of Clinical Hypertension*, *Cardiorenal Medicine*, as well as *The Medical Roundtable-CV*. He has lectured nationally and internationally on topics including cardiovascular disease in the African American population, heart failure, hypertension, diabetes, dyslipidemia, and racial and ethnic disparities in cardiovascular outcomes. In 2004, Dr. Ferdinand received the Louis B. Russell, Jr. Memorial Award of the American Heart Association and the Walter M. Booker Community Service Award of the Association of Black Cardiologists. In 2010, he was recognized by the Congressional Black Caucus Health Trust with an award for journalism, as well as the Charles Drew award for medical excellence in conjunction with the National Minority Quality Foundation. Most recently, in 2015, Dr. Ferdinand was inducted into the Association of University Cardiologists.