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David T. Rubin earned a medical degree with honors from the University Of Chicago Pritzker School Of Medicine. He completed his residency in internal medicine and both of his fellowships in gastroenterology and clinical medical ethics at the University of Chicago, where he served as Chief Resident and Chief Fellow. In addition to his positions with the University of Chicago Medical Center, Dr. Rubin is also an associate faculty member at the MacLean Center for Clinical Medical Ethics and an associate investigator at the UC Comprehensive Cancer Center.

Dr. Rubin is a Fellow of the American Gastroenterological Association, the American College of Gastroenterology (ACG), and American College of Physicians and an active national member of the Crohn's and Colitis Foundation of America. Among numerous awards and honors, Dr. Rubin was chosen by his peers as a member of Best Doctors (recognized for superior clinical ability) and America's Top Physicians (gastroenterology). Additionally, he received the ACG's Governor's Award of Excellence in Clinical Research (2003), the Cancer Research Foundation Young Investigator's Award (2004), and the UC Postgraduate Teaching Award in recognition of significant contributions for fellowship education (2006). In 2012, he received the CCFA's Rosenthal Award, a national leadership award bestowed upon a volunteer who has contributed in an indisputable way to the quality of life of patients and families.

Dr. Rubin is the editor of a best-selling book on inflammatory bowel disease (IBD) and an author or coauthor of many peer-reviewed articles on IBD, virtual colonoscopy, genetic testing in IBD, and cancer in IBD. He is also a featured media contact for issues related to IBD, appearing on satellite radio, television and print media. His principal research interests include novel IBD therapies and outcomes, colon cancer prevention, and clinical medical ethics.