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# **Update in the Management of Binge Eating Disorder: Appropriate Diagnosis and Treatment**

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James E. Mitchell, MD, is the NRI/Lee A. Christoferson MD Professor and Chairman of the Department of Clinical Neuroscience at the University of North Dakota School of Medicine and Health Sciences in Fargo, North Dakota, where he is also the Chester Fritz Distinguished University Professor.

Dr. Mitchell serves as President and Scientific Director of the Neuropsychiatric Research Institute. Dr. Mitchell's research focuses on eating disorders including anorexia nervosa, bulimia nervosa, and obesity. His research also focuses on descriptive psychopathology, comorbidity of eating disorders, medical complications, psychobiology, and treatment studies.

Dr. Mitchell received his medical degree from Northwestern University Medical School in Chicago, Illinois. He completed an internship in the department of medicine at the Indiana University Hospital in Indianapolis, Indiana. He also completed a residency in psychiatry as well as a fellowship in consultation-liaison psychiatry at the University of Minnesota in Minneapolis, Minnesota.

Dr. Mitchell serves on the editorial boards of the *International Journal of Eating Disorders* and *Surgery for Obesity and Related Diseases*. He has written over 500 scientific articles and is author, co-author, or editor of 18 books.

Dr. Mitchell has received the Lifetime Achievement Award for Research in Eating Disorders from the Academy for Eating Disorders, the National Eating Disorders Coalition Award for Research Leadership, and the Research Award from the Eating Disorders Research Society.

## **Faculty Disclosure**

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