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Dr. Doghramji received his medical degree from Jefferson Medical College in Philadelphia, Pennsylvania in 1982. He then completed his residency in family practice at Chestnut Hill Hospital in 1985. He is a member of the American Academy of Family Physicians which awarded him Fellowship Degree in 2005. He is also member of the Pennsylvania Academy of Family Physicians. He has received the American Medical Association's Physician Recognition Award 8 times, in every qualifying year; the last time was 2011.

Dr. Doghramji has published over 50 papers in peer-reviewed journals, including the *American Journal of Medicine*, *Current Medical Research and Opinion*, and *Postgraduate Medicine*, as well as numerous websites on topics such as sleep disorders, gout, rheumatoid arthritis, biology of leg disorders, depression, chronic pain, health literacy, and diabetes. He is also co-author of the textbook, *Clinical Management of Insomnia*, recently out in its second edition.