



SCOPE of Pain: Safer/Competent Opioid Prescribing Education

Format Patient Case Study	Time to Complete 2 hours	Released March 1, 2019	Expires February 29, 2020
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Maximum Credits
2.00 / *AMA PRA Category 1 Credit(s)*[™]
2.00 / AAFP Prescribed Credits
2.00 / CE for Nurses

Accredited Provider



Disclosure of Support

This activity is supported by an independent educational grant from the Opioid Analgesic REMS Program Companies. Please see a [listing of REMS Program Companies](#). This activity is intended to be fully compliant with the Opioid Analgesic REMS education requirements issued by the US Food and Drug Administration.

Needs Addressed Statement

Providers whose practices prescribe opioid analgesics to treat pain are in a key position to balance the benefits and risks of opioid therapy. However, providers struggle with the need to assist their patients with adequate management of chronic pain while confronting the risks associated with opioid prescribing. The *SCOPE of Pain* educational program looks to address that need with strategies for multidisciplinary, inter-professional care addressed in its curriculum.

Intended Audience

Physicians, nurse practitioners, registered nurses, physician assistants, nurses, dentists, pharmacists, and allied health professionals whose practices manage acute and chronic pain.

Educational Objectives

At the conclusion of these activities, participants will be better able to:

1. Optimize safety when prescribing opioids for acute pain
2. Determine when opioid analgesics are indicated for chronic pain
3. Assess pain and prescription opioid misuse risk
4. Educate patients about opioid risks and realistic benefits
5. Monitor patients on opioid therapy for benefits and harms
6. Assess and manage worrisome opioid-taking behaviors
7. Safely taper long-term opioid therapy
8. Identify and manage patients with an opioid use disorder

For questions about CME, please contact cme@bu.edu or www.bu.edu/cme.

Disclosure Policy

Boston University School of Medicine asks all individuals, and their spouses/partners, involved in the development and presentation of Continuing Medical Education (CME) and Continuing Nursing Education (CNE) activities to disclose all relevant financial relationships with commercial interests. This information is disclosed to CME activity participants prior to the start of the educational activity. Boston University School of Medicine has procedures to resolve all conflicts of interest. In addition, faculty members are asked to disclose when any unapproved use of pharmaceuticals and devices is being discussed.

Off-Label Discussion

This activity does include discussion of the off-label use of sublingual buprenorphine to treat pain. Sublingual buprenorphine has been FDA approved for addiction treatment but not pain treatment. This presentation does include discussion of the off-label use of clonidine and tizanidine to treat opioid withdrawal symptoms. Clonidine and tizanidine are not FDA approved for this use.

Faculty

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Course Director

Professor of Medicine

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Faculty member has nothing to disclose with regards to commercial support.

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Faculty member has nothing to disclose with regards to commercial support.

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Planning Committee members have nothing to disclose with regard to commercial support.

Accreditation

These activities were planned in collaboration with the Council of Medical Specialty Societies (CMSS), the Federation of State Medical Boards (FSMB), Med-IQ Inc., and the National Committee of Quality Assurance (NCQA).

Credit 2.00	Type <i>AMA PRA Category 1 Credit(s)</i>	Accreditation Statement Boston University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.	Designation Statement Boston University School of Medicine designates this enduring material CME activity for a maximum of 2.00 <i>AMA PRA Category 1 Credit(s)</i> [™] . Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Credit 2.00	Type CE for Nurses	Accreditation Statement Continuing Nursing Education Provider Unit, Boston University School of Medicine is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.	Designation Statement CNE Contact Hours: 2.00, all of which is pharmacology credit worthy.
Credit 2.00	Type AAFP Prescribed Credit	Accreditation Statement This Enduring Material activity, <i>SCOPE of Pain: Safer/ Competent Opioid Prescribing Education</i> , has been reviewed and is acceptable for up to 2.00 Prescribed credit(s) by the American Academy of Family Physicians. AAFP certification begins 03/01/2019. Term of approval is for one year from this date. Physicians should claim only the credit commensurate with the extent of their participation in the activity.	

Disclaimer

THIS CONTINUING MEDICAL EDUCATION PROGRAM IS INTENDED SOLELY FOR EDUCATIONAL PURPOSES FOR QUALIFIED HEALTH CARE PROFESSIONALS. IN NO EVENT SHALL BOSTON UNIVERSITY BE LIABLE FOR ANY DECISION MADE OR ACTION TAKEN IN RELIANCE ON THE INFORMATION CONTAINED IN THE PROGRAM. IN NO EVENT SHOULD THE INFORMATION CONTAINED IN THE PROGRAM BE USED AS A SUBSTITUTE FOR PROFESSIONAL CARE. NO PHYSICIAN-PATIENT RELATIONSHIP IS BEING ESTABLISHED.

Instructions

Risk Management and Pain Management Credits

This program meets the criteria of the Massachusetts Board of Registration in Medicine for risk management study and opioid education. Several states have similar requirements. **Please check with your Board to determine if this activity will fulfill your state's specific requirements.**

American Board of Internal Medicine Maintenance of Certification Part 2 Credit

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 2 MOC points and patient safety MOC credit in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit. Aggregate and de-identified data is shared with the commercial supporters.

American Board of Medical Specialties Maintenance of Certification Part 2 Credit

Through the American Board of Medical Specialties (ABMS) ongoing commitment to increase access to practice relevant Maintenance of Certification (MOC) Activities through the [ABMS Continuing Certification Directory](#), **SCOPE of Pain** has met the requirements as a **MOC Part II Self-Assessment** and/or **MOC Part II CME Activity** (apply toward general CME requirement) for the following ABMS Member Boards:

MOC Part II Self-Assessment Activity

- American Board of Ophthalmology

MOC Part II CME Activity

- American Board of Allergy and Immunology
- American Board of Anesthesiology
- American Board of Family Medicine
- American Board of Medical Genetics and Genomics
- American Board of Nuclear Medicine
- American Board of Plastic Surgery
- American Board of Preventive Medicine
- American Board of Psychiatry and Neurology
- American Board of Radiology
- American Board of Thoracic Surgery
- American Board of Urology

In order to receive credit, participants must review the activity content and complete the post-tests and evaluation for the two one-hour modules included within the activity. Participants who receive a cumulative grade of 70% or greater on the post-tests will receive credit. BOTH of the one-hour modules must be completed in order to earn your online certificate of credit. There will also be an online follow-up survey that will be distributed two months after completion of the program in order to further measure participant's changes in knowledge and behavior.