



*CME/CE-Certified myCME GO™ Mobile Webcast*

## **Making the Diagnosis of IBS—Issue 1**

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### **PROGRAM DESCRIPTION**

Although irritable bowel syndrome (IBS) is common, the diagnosis can be tricky. Symptoms fluctuate over time and they don't always respond to appropriate therapy. Furthermore, other disorders can mimic IBS, and there is no precise biomarker. In this case-based commentary, a noted expert in the diagnosis and management of IBS outlines a stepwise approach to making a positive diagnosis to ensure that patients get effective—and timely—relief from their troubling symptoms.

### **INTENDED AUDIENCE**

Clinicians who treat individuals with irritable bowel syndrome/chronic idiopathic constipation (IBS/CIC), including gastroenterologists, internal medicine and family physicians, gynecologists, pharmacists, and nurse practitioners (NPs) and physician assistants (PAs) who work in gastroenterology, gynecology, or primary care settings

## LEARNING OBJECTIVES

After participating in this activity, learners should be better able to:

- Describe new data supporting the concept of IBS/CIC as a continuum of gastrointestinal disorders
- Implement appropriate, validated testing measures to make definitive, timely diagnoses of IBS/CIC
- Utilize patient-centric communications strategies to clearly educate patients about their condition

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- **Brian E. Lacy, PhD, MD, FACG**, has received a consulting fee from Salix, Ironwood, and Shire.
- **Dorothy Duffy, RPh, BS Pharmacy**, has no relevant financial relationships to disclose.
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