

Faculty Bio



Steven P. Stanos, DO

Medical Director, Swedish Health System Pain Medicine and Services
Seattle, WA

Immediate Past President, American Academy of Pain Medicine

Steven P. Stanos, DO currently serves as Medical Director of Swedish Health System Pain Medicine and Services in Seattle, Washington. Besides directing pain management services for the hospital system, he also leads Swedish's pain rehabilitation center, Functional Restoration, an integral part of the pain medicine continuum of care. In addition to his work with Swedish Health System, he is active with committees work at Providence St. Joseph Health related to the system integration of pain management including primary and specialty care. Prior to joining Swedish and Providence, he served as medical director of the Center for Pain Management at the Rehabilitation Institute of Chicago (RIC) Northwestern University Medical School from 2002-2014, serving as an Assistant Professor at Northwestern University Feinberg School of Medicine and program-co chair of the multidisciplinary pain fellowship.

He is board certified in physical medicine and rehabilitation and pain medicine by the American Board of Pain Medicine and by the American Board of Anesthesia.

Dr. Stanos is the Immediate Past President of the American Academy of Pain Medicine and serves on the Board of Directors of the American Board of Pain Medicine. He served as a panel member on the Service Delivery and Reimbursement work group for the National Pain Strategy an invited consultant to the CDC for the CDC Opioid Guideline for Prescribing Opioids for Chronic Pain, and work group member for Healthy People 2020 and Healthy People 2030. He is active with the American Academy of Physical Medicine and Rehabilitation and has served as the co- chair of education for the Pain and Neuromuscular Council.

Dr. Stanos's work also includes ongoing educational initiatives for primary care, pain medicine, and physical medicine specialists around the United States and abroad. Dr. Stanos has published numerous scientific articles and book chapters related to pain management. Steven has been involved in the development and publication of treatment guidelines related to rehabilitation approaches for chronic pain and low back pain conditions and serves as on the editorial board for the journal Pain Medicine and as a reviewer for other pain and rehabilitation journals.

A Mayday Foundation Advocacy fellow in 2013, his advocacy has continued to focus on increasing awareness and access for inter- disciplinary biopsychosocially-based pain care for those patients suffering with chronic pain. In 2014, the University of Washington Department of Pain Medicine awarded Dr. Stanos with the John J. Bonica, MD lecture. He has appeared on CNN, National Public Radio, Fox News, regional print and television news on various topics related to pain medicine and pain rehabilitation.