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Board certified by the American Board of Internal Medicine, Dr. Kachaamy earned a medical degree from the American University of Beirut in Lebanon. He then went on to complete an internship in internal medicine at Duke University in Durham, North Carolina. Additionally, he completed a fellowship in gastroenterology at Virginia Commonwealth University in Richmond Virginia. Most recently, Dr. Kachaamy completed an advanced endoscopy fellowship at Mayo Clinic in Phoenix. He is also a member of Alpha Omega Alpha Honor Medical Society.

Dr. Kachaamy's research has been published in *Gastrointestinal Endoscopy*, expert reviews of *Gastroenterology and Hepatology*, and *Clinical Gastroenterology and Hepatology* and *Current Opinion in Gastroenterology*. He has also given many research and oral presentations in national meetings on topics related to digestive health.