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Sara Jones, PhD, RN, APRN, PMHNP-BC, is an assistant professor at the University of Arkansas for Medical Sciences in Little Rock, AR and a psychiatric mental health nurse practitioner. Dr Jones is also a nurse educator, coordinating the only PMHNP program in Arkansas, and a nurse researcher, with focus on how trauma affects mental health. Her practice interest has always been in pediatric psychiatry, and she currently practices in a primarily school-based, pediatric mental health clinic. Her case load is very diverse; she sees patients, ages 4 and up, with varying backgrounds and diagnoses.