

Faculty Bio



Mitzi J. Williams, MD

Neurologist and Multiple Sclerosis Specialist

Founder and CEO

Joi Life Wellness Group Multiple Sclerosis Center

Smyrna, GA

Mitzi Joi Williams is a Board-Certified Neurologist and Fellowship trained Multiple Sclerosis Specialist who serves as the Founder & CEO of the Joi Life Wellness Group Multiple Sclerosis Center in Newnan, GA. She is considered a subject matter expert in Neurology, Multiple Sclerosis, and Health Disparities. Dr. Williams has over 15 years of experience in the field of Multiple Sclerosis. She received her undergraduate degree in Neuroscience and Behavioral Biology from Emory University in Atlanta, GA, and received her Doctor of Medicine Degree from Morehouse School of Medicine, also in Atlanta, Georgia. She completed her Internal Medicine Internship, Neurology Residency, and Multiple Sclerosis Fellowship at Georgia Health Sciences University (formerly MCG) in Augusta, GA, where she received numerous accolades and served as Chief Resident of the Neurology Residency Program.

Dr. Williams has spearheaded and participated in multiple steering committees and work groups to further research in underserved populations with MS, with a focus on the African American population. She has recently joined efforts to increase diversity in clinical trials and educate the community about the importance of research participation. Through collaborations with national and international committees, she advocates for people living with MS to share in the decision-making process with their healthcare teams to combat this disease. Dr. Williams is the author of *MS Made Simple: The Essential Guide to Understanding Your Multiple Sclerosis Diagnosis*. She continues to live out her mission to provide personalized Multiple Sclerosis Care delivered with expertise, compassion, and joy.