Faculty Bio



Marla Dubinsky, MD (Moderator)
Professor of Pediatrics and Medicine
Co-Director, Susan and Leonard Feinstein IBD Clinical Center
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Marla C. Dubinsky, MD, is a Professor of Pediatrics and Medicine at the Icahn School of Medicine at Mount Sinai, New York, New York. Dr. Dubinsky received her medical degree from Queen's University, Canada. She completed her pediatric residency at Alberta Children's Hospital, Calgary, Canada, and her clinical fellowship in gastroenterology and nutrition at Sainte-Justine Hospital at the University of Montreal, Canada. She completed her research fellowship in inflammatory bowel disease (IBD) at Cedars-Sinai Medical Center in Los Angeles, California, where she served as the Director of the Pediatric IBD Center before going to Mount Sinai as the Chief of Pediatric Gastroenterology and Nutrition at the Mount Sinai Kravis Children's Hospital and as Co-Director of the Susan and Leonard Feinstein IBD Clinical Center. Dr. Dubinsky is also Co-Director of the IBD Preconception and Pregnancy Planning Clinic at Mount Sinai. She is Co-Founder of Mi-Test Health as well as Cornerstones Health, a non-profit organization dedicated to enhancing and transforming communication between health care providers, patients, and industry partners through a creative, comprehensive, and expert-based educational program. She is also Co-Founder of Trellus Health, a resilience-driven, connected health solution for chronic conditions, leading with IBD. She is also a recipient of the 2022 Sherman Prize.

Dr. Dubinsky has been engaged in IBD clinical and translational research for over two decades. Her primary research focuses on developing predictive models and web-based decision support tools that integrate clinical markers and biomarkers to predict the natural history of IBD and response to therapy. She has a keen interest in personalized medicine in IBD, and her research uncovers predictors of rapid disease progression with the goal of preventing complications by altering treatment plans. Dr. Dubinsky is the principal investigator of multiple large longitudinal cohorts including the Road to Prevention Multiplex Family Program at Mount Sinai with over 700 enrolled participants, with a goal of using multi-omics data to predict the development of IBD in unaffected family members. She is coinvestigator of the Risk Stratification and Identification of Immunogenetic and Microbial Markers of Rapid Disease Progression in Children with Crohn's Disease (RISK) study and senior author on the manuscript presenting a model to predict the natural history of pediatric Crohn's disease. Dr. Dubinsky is very committed to women's reproductive health in IBD, and in addition to her research in this field she is Co-Founder of WECARE in IBD, an organization dedicated to the health of women with IBD. She is very committed to leading the next generation of female leaders in the field of gastroenterology. She has lectured widely, both nationally and internationally, and has published in more than 340 peerreviewed journals, including New England Journal of Medicine, Gastroenterology, Lancet, JAMA, The Journal of Pediatric Gastroenterology and Nutrition, The Journal of Crohn's and Colitis, Inflammatory Bowel Diseases, and The American Journal of Gastroenterology.