

## **Steven W. Lockley, PhD**

Dr. Steven Lockley received his PhD in biological sciences from the University of Surrey, United Kingdom. He is an associate professor of medicine at Harvard Medical School and a neuroscientist in the Division of Sleep Medicine, Brigham and Women's Hospital, Boston. He is also an honorary associate professor at Warwick Medical School, UK, and adjunct associate professor at Monash University, Australia.

A main focus of Dr. Lockley's research has been to understand circadian rhythm disorders in the blind and visually impaired. His translational approach includes use of a range of techniques including epidemiology, field-based physiological studies, and inpatient intensive physiological monitoring. His studies have led to the development of novel therapeutic strategies to treat non-24-hour sleep wake disorder, and Advanced- and Delayed Sleep Phase Syndrome. Dr. Lockley's research has assessed the impact of extended work hours on health and safety, and he has developed interventions that reduce fatigue and medical errors in hospital residents. In addition, he has implemented large-scale occupational fatigue management and sleep disorders screening programs in several police forces nationwide. Dr. Lockley is a co-author of *Sleep: A Very Short Introduction*, and co-editor of *Sleep, Health and Society* and is on the editorial board for the journal *Sleep*.