

Contains
Ibuprofen



PRESCRIBING INFORMATION

Nurofen Express 400 mg Liquid Capsules: Each capsule, soft contains Ibuprofen 400 mg. **Indications:** for symptomatic relief of non-serious arthritic conditions, rheumatic or muscular pain, backache, neuralgia, migraine, headaches, dental pain, dysmenorrhoea, feverishness, colds and influenza. **Dosage and**

Administration: Adults, the elderly and children and adolescents between 12 and 18 years: Take 1 capsule with water, up to three times a day as required. Leave at least 4 hours between doses. Do not take more than 3 capsules in any 24 hour period. Not for use by children under 12 years of age. If in children and adolescents this medicinal product is required for more than 3 days, or if symptoms worsen a doctor should be consulted. Adults should consult a doctor if symptoms persist or worsen, or if the product is required for more than 10 days.

Contraindications: Known hypersensitivity to ibuprofen or other ingredients. History of bronchospasm, asthma, rhinitis, or urticaria, associated with aspirin or other non-steroidal anti-inflammatory drugs (NSAIDs). History of, or existing gastrointestinal ulceration/perforation or bleeding, including that associated with NSAIDs. Severe hepatic failure, severe renal failure or severe heart failure. Concomitant NSAIDs, including COX-2 inhibitors. Last trimester of pregnancy. **Special warnings and precautions for use:** SLE and mixed connective tissue disease. Gastrointestinal disorders and chronic inflammatory intestinal disease. Hypertension and/or cardiac impairment. Renal impairment can occur,

particularly in dehydrated children and adolescents. Hepatic dysfunction. Bronchial asthma or allergic disease. GI bleeding, ulceration or perforation, which can be fatal has been reported with all NSAIDs at anytime during treatment, with or without warning symptoms or a previous history of GI events. Caution with concomitant medications which could increase the risk of gastrotoxicity or bleeding, such as corticosteroids, or anticoagulants such as warfarin or anti-platelet agents such as aspirin. Withdraw treatment if GI bleeding or ulceration occurs. Possible reversible effects on fertility. Avoid use during the first 6 months of pregnancy if possible. Patients with rare hereditary problems of fructose intolerance should not take this medicine. **Side effects:** Hypersensitivity reactions including: (a) non-specific allergic reactions and anaphylaxis, (b) respiratory tract reactivity e.g. asthma, aggravated asthma, bronchospasm, dyspnoea, (c) various skin reactions e.g. pruritus, urticaria, angiodema and more rarely exfoliative and bullous dermatoses (including epidermal necrolysis and erythema multiforme). Gastrointestinal disturbance including: peptic ulcer, perforation or GI haemorrhage, headache, acute renal failure, liver disorders, haematopoietic disorders including anaemia. **Product Licence Number:** PL 00063/0653. **Licence Holder:** Reckitt Benckiser Healthcare (UK) Ltd, SL1 4AQ. **Legal category:** P **MRRP:** £8.19 (20 tablets) **Date:** September 2014 – For full information refer to SPC (<http://www.medicines.org.uk/emc/>)

Adverse events should be reported.

Reporting forms and information can be found at www.mhra.gov.uk/yellowcard. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0500 455 456

References

1. Nurofen Express 400mg Liquid Capsules SPC. Accessed 16/06/2014 www.medicines.org.uk/emc/medicine/23384.
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3. Abboud J, et al. Cephalalgia. 2013;0(0):1-18.
4. Jensen R. Cephalalgia. 1999;19:602-21.
5. Steiner TJ, et al. J Headache Pain. 2007;8: S3-47.
6. Packman B, Packman E, Doyle G, Cooper S, Ashraf E, Koronkiewicz K, et al. Solubilized ibuprofen: evaluation of onset, relief, and safety of a novel formulation in the treatment of episodic tension-type headache. Headache. 2000 Jul-Aug;Sect. 561-7.