

Ellen Rome, MD, MPH

Biographical Sketch

Ellen Rome, MD, MPH, currently serves as Head of the Center for Adolescent Medicine at Cleveland Clinic Children's Hospital. She is a board-certified pediatrician who was also among the first in the United States to be board-certified in Adolescent Medicine. Dr. Rome received her undergraduate degree in psychology, magna cum laude, from Yale University in 1984. She received her medical degree and was initiated into Alpha Omega Alpha in 1988 from Case Western Reserve University's School of Medicine, then completed an internship and residency in pediatrics at Johns Hopkins Hospital. She next completed a three-year fellowship in Adolescent Medicine at Children's Hospital, Boston, during which time she also obtained a Master's Degree in Public Health at the Harvard University School of Public Health.

Dr. Rome currently serves as a Professor of Pediatrics at the Cleveland Clinic Lerner College of Medicine of Case. She has held leadership positions in various organizations serving youth, currently serving as President of the Federation Internationale Gynecologie Infantile et Juvenile (FIGIJ) and as Vice President of the North American Society for Pediatric and Adolescent Gynecology (NASPAG). She chairs the Subcommittee on Eating Disorders for the Society for Adolescent Health and Medicine (SAHM) and serves on the Medical Care Task Force for the Academy for Eating Disorders (AED). She has chaired SAHM's Membership Committee as well as the Media Committee for the AED, and has served on the American Academy of Pediatrics' Committee on Adolescence. As president of the Women's Professional Staff at the Cleveland Clinic, Dr. Rome helped create and implement a business plan to recruit, develop, and promote the best staff within that enterprise. She also currently serves on the USTA Sport Science Committee and is on the board locally of Cleveland's Inner City Tennis Clinic, teaching tennis, literacy and wellness to urban youth. She is the author of two books collaboratively with Dr. Mehmet Oz and Dr. Mike Roizen, *You: The Owner's Manual for Teens*, and *You Raising Your Child from First Breath to First Grade*. Dr. Rome's research interests include eating disorders and obesity, reproductive health, and preventive care and wellness. She has been an invited speaker locally, nationally, and internationally on various topics in adolescent medicine, while maintaining a commitment to ongoing teaching of house staff and students in the local and surrounding areas. She has written and published on various adolescent medicine topics, including eating disorders and obesity, the female athlete triad, recovery and the young tennis athlete, nutrition for the teen athlete, teen pregnancy, and adolescent sexuality.